


November, 2006

More Event Information Under Calendar

☀ = Children's Event

☀+ = Children & Adult Event

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Caregiver Support Group Ragtime Delight	2 Game Show Night	3 Used Books, Videos, DVDs Sale Soda Shop Hop Dance Grease Dance & Dinner Movies N Munchies Waukesha R & R Club ☀ Kids Night Lock-In Stability Ball Exercise	4 Used Books, Videos, DVDs Red Hat Formal Tea Lets Go Bowling Shoo theFlu
5 Packer Party	6 Indoor Water Park Splash Monday	7 Drumsticks (3 wks) Nia Dance Rent Smart Workshop (3 sessions)	8 Different Directions	9 Horizon Club Dance Scrapbooking- In the Bag	10 At the Drive-In Dance Haunted House Milwaukee R & R Club	11 Iron Horse Rumble Claddaugh Wheelchair Basketball Tournament Make Your Own Pretzels Christmas Candy Molding All About Brewing Saturday Bingo

12 Iron Horse Rumble Packer Party Dinner Club	13 Splash Monday	14 Create Found Art (2 wks) Ceramics (6 wks) Hangout to Fiesta Garibaldi	15 Make a Pumpkin Pie Ceramics (6 wks) Supper at Sunrise	16	17 Autumn Harvest Dinner & Dance Country Moon Dance Turkey Day Dance Movies N Munchies Guardianship Training for Parents	18
19 Holiday Lights Tour Thanksgiving Bingo <i>Why Do Fools Fall in Love</i> Audio Descriptor Performance	20 Indoor Water Park Splash Monday	21 Nia Dance	22	23	24	25 Jewelry Making
26	27 Splash Monday	28 Nia Dance	29 Dinner & a Movie	30 Decorate for the Holidays		

November 1

Caregiver Support Group- 1:30 pm-2:30 pm, Shepherd House, 3221 S Lake Dr., Milwaukee. Support groups offer a safe, confidential and caring environment to share and learn from others who understand. Frequently, caregivers report that they are going through experiences that are stressful, Through listening and exchanging ideas glean new insights. All caregivers are welcome to join with others on the first Wednesday of every month. Registration is not necessary. Free.

Ragtime Delight- Wednesday, November 1, 6:30 p.m., Badger Assn., 912 N Hawley Rd, Milwaukee. Doug Haise is back with his fall ragtime concert for us. Listen, learn, and enjoy. Cost: \$5. Sign-up Deadline: Wednesday, October 25. To register for these events, please contact the Recreational Services Coordinator at 414-615-0115 or email bwilliams@badgerassoc.org. Website: www.badgerassoc.org

November 2

Game Show Night- 6 to 7:30 p.m, MCFI Main Campus, 2020 W. Wells St., Use parking lot entrance. Have fun and win prizes! Cost: \$8. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

November 3

Used Books, Videos, DVD's- 8:30 am-5:00 pm, Center for the Deaf and Hard of Hearing, 10243 W National Ave, West Allis. Great bargains for book and movie lovers. Proceeds will support the programs and services provided by CDHH. Donations of gently used books videos and DVD's can be dropped off during business hours or arrangements can be made to pick up from your home or business. For more information call 414-604-7210 voice/ 888-742-7651 TTY or email akelchen@cdhh.org.

Waukesha R & R Club- is a drop-off evening of fun for any child that has a disability from birth to age 18 and any siblings. This is a chance for parents to enjoy an evening out. The kids participate in arts and crafts, games and other activities. R & R clubs are run by United Cerebral Palsy staff and volunteers from the community. Cost is \$8.00 per child per event. 5:30pm- 8:30 pm at Schuetze Recreation Center, 1120 Baxter Dr. For directions to the clubs go to the UCP website, www.ucpsew.org, click on calendar of events and then 2006 schedule of respite events. Please pre-register. To sign up contact Waukesha Park and Recreation at 262-524-3737. For more information contact Rebecca Reis, 414-329-4500.

Soda Shop Hop-7:00 pm- 9:00 pm, Wil O Way Grant, 207 Lake Dr., South Milwaukee. Dance to music by DJ DB Jammin' and enjoy snacks. Cost: \$6. for dance, snack and souvenir for Key Card Members; \$9 for non-members (excludes agency staff/family). For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com.

Grease Dance & Dinner-6:00 pm- 9:00 pm, Wil O Way Underwood, 10602 Underwood Pkwy, Wauwatosa. Dance to music by DJ DB Jammin' and enjoy a light meal. Cost: \$8. for dance, snack and souvenir for Key Card Members; \$11 for non-members (excludes agency staff/family). For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com.

🔴 Kids Night Lock-In- 7:00pm- 11:00pm. St Ann Center, 2801 E Morgan, Milwaukee. Parents enjoy a night of relaxation while the kids are having a blast. Kids night is for children 5-12 years old. Boys can join the SAC Sports Team with a free throw challenge, relay races, water volleyball and ping pong play offs. Girls can participate in the dressing up and producing their own fashion show. There will be clothes, shoes, make-up and a hair stylist! There will also be swimming, movies, treats, arts and crafts carnival games and prizes. Cost: \$15 per child. Preregistration suggested. For more information call 414-977-5000.

Stability Ball Exercise- Fridays, 4:00 to 5:00 p.m. November 3 to November 17 & December 1 at Badger Assn for Blind & Visually Impaired. 912 N Hawley Rd, Milwaukee. With the help of Lindsay Schneider, physical therapist, participants will be given an introduction to stability balls. They will learn specific exercise routines which will enhance their fitness by isolating core muscles in the abdomen, chest and back. Stability balls will be provided. Lindsay Schneider is a certified personal trainer and a graduate of Saint Louis University, where she received a B.S. in Exercise Science, a minor in Psychology, and a masters degree in Physical Therapy. She is currently employed at Columbia St. Mary's Milwaukee as an Outpatient Therapist. Cost: \$10

November 4

Used Books, Videos, DVD's- See November 3

Red Hat Society Formal Tea- 10 a.m. to noon, Saturday, Nov. 4. MCFI Main Campus, 2020 W. Wells St., Use parking lot entrance. Wear your Red Hat to our Formal English Tea. New Members Welcome. Cost: \$5. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Let's Go Bowling! Noon to 2:00 pm, 7505 W. Oklahoma. We'll all have a ball! Cost: \$12. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Shoo the Flu- Saturday, November 4, 12:00 to 2:00 p.m., Badger Assn., 912 N Hawley Rd, Milwaukee. Professionals from the Visiting Nurses Association will be on hand to administer flu shots and the vaccine to prevent pneumonia. If you have Medicaid, Medicare, or Title 19, you can receive these shots at no cost to you, but you must bring your Medicare, Medicaid, or Title 19 card with you in order to get the shot(s). Call the receptionists at 414-258-9200 to sign up. Cost for Flu Shot: \$25. Cost for Pneumonia Shot: \$40. Sign-up Deadline: Friday, October 20. . To register for these events, please contact the Recreational Services Coordinator at 414-615-0115 or e-mail bwilliams@badgerassoc.org Website: www.badgerassoc.org

November 5

Packer Party- 12:00 – 3:15 p.m.. \$10 fee covers snacks & prizes. Come and watch the Packers vs. the Bills on our big screen TV. We'll enjoy munchies, soda and door prizes at half-time. Held at Holler Park, 5151 S. 6th St. For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com

November 6

Country Springs Indoor Water Park- 3:15 to 6:30 p.m., Mondays, Nov. 6 & 20. Meet at MCFI Main Campus parking lot at 3:15 sharp. Wear your swimsuit & bring a towel. Space is Limited, transportation provided. Cost: \$15 per session. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Splash Monday- 4 pm-6:00pm at The Springs Water Park, County Springs Hotel, Waukesha. Mondays are special days for special needs. \$5 per person. Space is limited, so please RSVP by 9 am the previous Friday. Call 262-443-8690 or send an email to thomtalent@aol.com. Include your name, phone number and number of guests. Website: www.countryspringshotel.com

November 7

Drumsticks- 6 to 7:30 p.m., Tuesdays Nov. 7, 14 & 21. Next Step in Community Living. 5208 W. Bluemound Rd. Keep the beat and learn African Drumming. Cost: \$20. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Nia Dance- 6:30 to 7:30 p.m, Nov. 7, 21 & 28. MCFI Main Campus, 2020 W. Wells St. Move to the music! Cost: \$5 each session. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Rent Smart Workshop- three sessions, November 7,8,9 from :00pm- 4:00pm at Friendships Unlimited,336 Wisconsin Ave., Waukesha. Become a better tenant. Learn how to look for an apartment, have a good relationship with the apartment manager and neighbors, basic maintenance, and some money management skills. Also covers your rights as a tenant. Call Tiffany Payne at 414-226-8340.

November 8

Different Directions- 1:00 pm- 2:00 pm. Independence First, 600 W Virginia St., Milwaukee. This support group for people with disabilities will meet the second Wednesday of each month. For more information call Leah Simmons at Wisconsin Relay 711, then 414-226-8374

November 9

Horizon Club Dance- 6:30 pm-8:30 pm, Wisconsin State Fair Park, Tommy Thompson Youth Center, 640 S 84 St, West Allis. Dances are open to anyone. Cost: \$1.00. Snacks are for sale at the dance. For more information contact Nicci Nageotte, Goodwill Industries, at 358-6525 ext 339 or email Nicci.Nageotte@goodwillsew.com.

Scrapbooking- “In the Bag”- 6:00 pm- 8:00 pm at St Ann Center, 2801 E Morgan Ave., Milwaukee. There is no better way to preserve your precious memories than by creating your very own scrapbook! Your friends will be envious of your creative talents. This class will show you techniques and ideas for making themed scrapbook pages. Bring a dozen photos of a common theme to class and you will leave with a completed Brag Book and a Stamp Set of your own! You will also have an opportunity to purchase additional paper crafting supplies if you are interested. Cost: \$35. For more information call Mitch at 414-977-5009.

November 10

Haunted House at State Fair Park- 6 to 8 p.m, Meet at MCFI Main Campus, 2020 W Wells St, back parking lot . Join us in some scary fun! Cost : \$15. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Milwaukee R & R Club- 5:30pm- 8:30 pm at Wil-O-Way Underwood, 10602 Underwood Pkwy, Wauwatosa. R & R Club a drop-off evening of fun for any child that has a disability from birth to age 18 and any siblings. This is a chance for parents to enjoy an evening out. The kids participate in arts and crafts, games and other activities. R & R clubs are run by United Cerebral Palsy staff and volunteers from the community. Cost is \$8.00 per child per event Priority given to Milwaukee County Families. For directions to the clubs go to the UCP website, www.ucpsew.org, click on calendar of events and then 2006 schedule of respite events. Please pre-register. For more information contact Rebecca Reis, 414-329-4500.

At the Drive In Dance- 7:00 pm- 9:00 pm, Moose Lodge, 5476 S 13 St., Milwaukee. Dance to music by DJ DB Jammin'. Cost: \$6. for Key Card Members; \$9 for non-members (excludes agency staff/family). Snacks are not provided with dance admission. Please bring at least

\$2 to pay for snack and soda. For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com.

November 11

Iron Horse Rumble- South Division H.S., 1515 E Lapham Blvd, Milwaukee. Two days of fast paced wheelchair rugby . Spectators will see 6-8 teams battle to the final victory on Sunday. Teams are invited to sign up by October 10 deadline Registration fee is \$350. A late fee will apply after deadline. For more information contact Tammy at milwaukeeiron@aol.com or Dan at milwiron11@aol.com Website: www.milwaukeeiron.org. Call Tammy at 414-462-5478.

Claddaugh Southside Classic Wheelchair Basketball Tournament- Cancelled. Will be rescheduled at a later date.

Make Your Own Pretzels- 10 a.m. to noon. MCFI Southeast Campus, 3333 S. Howell Ave. Twisted Fun! Cost: \$10. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Christmas Candy Molding- 10:00am- 11:30am. St Ann Center, 2801 E Morgan, Milwaukee. Create amazing looking and tasting treats. Work with candy molds, learn tempering of real chocolate, find out where to easily get all the supplies you will need. All supplies are included. Cost \$10. Pregristration suggested. Call Mitch at 414-977-5009.

All About Brewing- Saturday, November 11, 2:00 p.m., Badger Assn., 912 N Hawley Rd, Milwaukee. NO, we're not talking about coffee. Two years ago, John Walig began making beer, and he wants to tell us all about it. We'll examine ingredients, discuss the home brewing process, and get a chance to test different beers. Come learn something new! Cost: \$5. Sign-up Deadline: Friday, October 27. . To register for these events, please contact the Recreational Services Coordinator at 414-615-0115 or e-mail bwilliams@badgerassoc.org Website: www.badgerassoc.org.

Saturday Night Bingo- Saturday, November 11, 6:30 p.m., Badger Assn., 912 N Hawley Rd, Milwaukee. Cost to play Bingo is \$2, to be used for prizes. To register for these events, please contact the Recreational Services Coordinator at 414-615-0115 or e-mail bwilliams@badgerassoc.org Website: www.badgerassoc.org

November 12

Iron Horse Rumble- See November 11 for details

Packers v. Vikings Party- 1 to 3:30 p.m, Sunday, Nov. 12. MCFI Main Campus, 2020 W Wells St., Enter back door, near parking lot. Chili and cheers! Cost: \$15. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Dinner Club @ TGI Friday's- 1:00 – 3:00p.m. \$10 fee covers meal. Join us at TGIF'S, (4638 S. 76th St., and enjoy a burger and fries or a great sandwich at one of the best burger restaurant's around! For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com

November 13

Splash Monday- 4 pm-6:00pm at The Springs Water Park, County Springs Hotel, Waukesha. Mondays are special days for special needs. \$5 per person. Space is limited, so please RSVP by 9 am the previous Friday. Call 262-443-8690 or send an email to thomtalent@aol.com. Include your name, phone number and number of guests. Website: www.countryspringshotel.com

November 14

Create Found Art- 6-7:30 PM, Tuesdays, Nov. 14 & 21, St Marcus Coffeehouse, 101 E. North Ave. Use recyclables to make your own sculpture! Cost: \$20 for both sessions. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Ceramics- 6:00 pm- 8:00 pm, 6 wks at St Ann Center, 2801 E Morgan Ave., Milwaukee. Whether you're a beginner or experienced ceramist, these limited enrollment classes are for you! Learn the basics or build on previous learning. These are flexible classes designed to address each learner individually. You can finish previously started projects, personalize pre-formed pieces, or build a handmade piece from scratch using raw clay. Fee includes instruction, raw clay, tools and kiln firing. (Addnl cost for extras). Cost \$55. For more information call Mitch at 414-977-5009.

Hangout to Fiesta Garibaldi!- Tuesday, November 14, 5:00 p.m., 5108 W. Bluemound, Ave. 414-443-0287. If you like authentic Mexican food, this restaurant is just for you. They also have great Margaritas! See you there. Sign-up Deadline: Friday, October 6. For more information call Becky Williams at 443-0560 or email bwilliams@badgerassoc.org Website: www.badgerassoc.org

November 15

Make a Pumpkin Pie- 6 to 7:30 p.m, MCFI Main Campus, 2020 W Wells St. Enter back doors, near parking lot. Cost: \$10. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Ceramics- 6:00 pm- 8:00 pm, 6 wks at St Ann Center, 2801 E Morgan Ave., Milwaukee. Whether you're a beginner or experienced ceramist, these limited enrollment classes are for you! Learn the basics or build on previous learning. These are flexible classes designed to address each learner individually. You can finish previously started projects, personalize pre-formed pieces, or build a handmade piece from scratch using raw clay. Fee includes instruction, raw clay, tools and kiln firing. (Addnl cost for extras). Cost \$55. For more information call Mitch at 414-977-5009.

Supper at Sunrise- Wednesday, November 15, 5:00 to 7:45 p.m., Sunrise Care Center, 3540 S. 43rd St. We have been invited to join friends from Sunrise for a delicious supper followed by a sing-along/talent show. Don't miss an evening of fun at this free event. Sign-up

Deadline: Wednesday, November 1. For more information call Becky Williams at 443-0560 or email bwilliams@badgerassoc.org Website: www.badgerassoc.org

November 17

Turkey Day Dance- 6 to 8 p.m., MCFI Main Campus, 2020 W Wells St., Enter back doors, near parking lot. Gobble and strut your stuff! Cost: Just \$5. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Guardianship Training for Parents- 6:30 pm-8:30 pm, Wil O Way Underwood, 10602 Underwood Pkwy, Wauwatosa. Statistics show that individuals with developmental disabilities will outlive their parents by 30 to 40 years. What plans do you have to ensure your family's dreams and visions are seen through? We will help you begin thinking about the future and ease the planning process. Learn more about the option of guardianship and their roles and responsibilities for your loved one under their care. Free. For more information call Heather Shue, Easter Seals Kindcare at 414-571-5566 ext 406 or email heathers@eastersealskindcaresewi.com.

Autumn Harvest Dinner & Dance- 6:00 pm- 9:00 pm, Wil O Way Grant, 207 Lake Dr., South Milwaukee. Dance to music by DJ DB Jammin' and enjoy a light meal. Cost: \$8. for dance, snack and souvenir for Key Card Members; \$11 for non-members (excludes agency staff/family). For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com.

Country Moon Dance- 7:00 pm- 9:00 pm, Wil O Way Underwood, 10602 Underwood Pkwy, Wauwatosa. Dance to music by DJ DB Jammin' and enjoy snacks. Cost: \$6. for dance, snack and souvenir for Key Card Members; \$9 for non-members (excludes agency staff/family). For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com.

November 19

Holiday Tour of Lights at Country Springs Resort- 5:30 to 8 p.m., Meet at MCFI Main Campus parking lot, 2020 W Wells St.. Transportation provided, reservations required. Get into the holiday spirit! Cost: \$8. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Thanksgiving Bingo- 2:00-4:00 p.m. at Holler Park, 5151 S. 6th St. \$10 fee covers snacks & prizes. Join us for a few games of bingo as we play for Thanksgiving prizes! Snacks & beverages will be provided. For information call Tracey Ralenkotter at 414-482-0133 ext 222 or email traceyr@eastersealskindcaresewi.com

Off to the Rep - Why Do Fools Fall in Love? 1:00 to 5:00 p.m., Milwaukee Repertory Theater, 108 E. Wells St. When a group of girlfriends get together to celebrate a friend's upcoming wedding, they learn more about each other's love lives than they ever knew before. Join us for an afternoon of fun. An audio describer will be on hand so no one will miss a moment of the action. Cost for ticket and transportation: \$25 Sign-up Deadline: Monday, November 6. Payment must accompany sign-up. For more information call Becky Williams at 443-0560 or email bwilliams@badgerassoc.org Website: www.badgerassoc.org

November 20

Country Springs Indoor Water Park- 3:15 to 6:30 p.m. Meet at MCFI Main Campus parking lot at 3:15 sharp. Wear your swimsuit & bring a towel. Space is Limited, transportation provided. Cost: \$15 per session. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Splash Monday- 4 pm-6:00pm at The Springs Water Park, County Springs Hotel, Waukesha. Mondays are special days for special needs. \$5 per person. Space is limited, so please RSVP by 9 am the previous Friday. Call 262-443-8690 or send an email to thomtalent@aol.com. Include your name, phone number and number of guests. Website: www.countryspringshotel.com

November 21

Nia Dance- 6:30 to 7:30 p.m, Nov. 21 & 28. MCFI Main Campus, 2020 W. Wells St. Move to the music! Cost: \$5 each session. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

November 25

Jewelry-making - 10 a.m. to noon, MCFI Main Campus 2020 W Wells St, enter back door, near parking lot A dazzling good time! Cost: \$10. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

November 27

Splash Monday- 4 pm-6:00pm at The Springs Water Park, County Springs Hotel, Waukesha. Mondays are special days for special needs. \$5 per person. Space is limited, so please RSVP by 9 am the previous Friday. Call 262-443-8690 or send an email to thomtalent@aol.com. Include your name, phone number and number of guests. Website: www.countryspringshotel.com

November 28

Nia Dance- 6:30 to 7:30 p.m, MCFI Main Campus, 2020 W. Wells St. Move to the music! Cost: \$5 each session. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

November 29

Dinner and a Movie Night- 6 to 8 p.m, MCFI Main Campus, 2020 W. Wells St., enter at parking lot doors. Beef Stew & Biscuits on the menu. Reservations required. Cost: \$10. Any person who needs personal care support needs to have a caregiver attend with them. For more information or to register call Mary Rogowski at 414-937-2100 or email mrogowski@mcfi.net VISA, MasterCard and Discover Card accepted.

Keeping Bones Healthy- 6:30 p.m., Badger Assn., 912 N Hawley Rd, Milwaukee. Professionals from Froedert Hospital will discuss osteoporosis; its causes, symptoms, and preventive measures you can take to keep your bones healthy. Cost: \$5. Sign-up Deadline: Wednesday, November 15. For more information call Becky Williams at 443-0560 or email bwilliams@badgerassoc.org Website: www.badgerassoc.org

November 30

Decorate for the Holidays- 6:30 p.m., Badger Assn., 912 N Hawley Rd, Milwaukee. Remember last year's beautiful holiday decorations for the Hawley Ridge Apartment doors created by our friends from Delta Gamma? This year they'd like to invite you to join in helping to make them. Supplies will be provided, so all you'll need is a willingness to learn something new. Even if you don't live at Hawley Ridge, you can still make a decoration for your home. In order for our guests to purchase enough supplies, it is very important for you to sign up for this event and to indicate whether you are making a decoration for yourself or for a Hawley Ridge resident. Sign-up Deadline: Monday, November 6. For more information call Becky Williams at 443-0560 or email bwilliams@badgerassoc.org Website: www.badgerassoc.org

ON GOING RECREATION

Open Swim- St Ann's, 2801 E. Morgan St. St. Ann Aquatic Center is available for open swim for anyone ages 6 months to adult. Monday-Friday - 7:30 am- 8:30 am, 2:00 pm-1:00 pm & 3:00-4:00 pm. \$3 per session. Multi session discounts available. For more information call Mitch at 414-977-5009

Leisure Enrichment Activities Program (LEAP) classes They are directed by the Badger Association for Blind and Visually Impaired membership and will be offered from September 11, 2006 through August 2007. Participants may enroll in as many of the 12 LEAP courses as they choose. The annual LEAP class fee is \$80 for nonmembers or \$60 for Badger Association members. This fee may be paid in three monthly installments. Alternatively, participants may pay \$10 a month. Guest LEAP Day Passes are available for \$2. Registration is open throughout the year for this program.

LEAP Classes Include:

Monday	Night Bingo - 6:30 to 8:30 p.m.
Tuesdays	A Closer Look (Discussion Group), 12:30 to 2:30 p.m. Bingo (morning) 12:30 to 2:30 p.m. Basketry - 6:30 to 8:30 p.m. Ceramics- 6:30 to 8:30 p.m. It's in the Cards -12:30 to 2:30 p.m. Sewing Corner - 12:30 to 2:30 p.m.
Thursdays	Bingo (afternoon) 12:30 to 2:30 p.m. Cribbage- 12:30 to 2:30 p.m. Fun and Fitness (low impact exercises)- 12:30 to 2:00 p.m. Harmonica- 3:00 to 4:30 p.m. Knitting- 9:30 to 11:30 a.m.